



SATURDAY 8th JULY, 2023
EDINBURGH



STICK IT TO CANCER 2019 – EVERYTHING YOU NEED TO KNOW



What is Stick it to Cancer?

'Stick it to Cancer' (SITC) is a fun hockey tournament designed to raise funds for Maggie's. SITC will offer hockey teams the opportunity to participate in a Round Robin tournament. Teams are encouraged to dress as a super heroes and villains to unite in the fight against cancer. In addition to the festival there will be an after party at Eastside on George Street in Edinburgh.

When is it?

Saturday 2nd July. Registration is 9.00 – 9.30am with the first fixture starting at 10.00am. The tournament will run to 5.00pm. The evening celebration will start at 7.00pm and finish at 1.00am.

Where is it?

The hockey tournament will be at Edinburgh Academy's Hockey pitches on East Fettes Avenue. The evening celebrations will take place at Eastside on George Street in Edinburgh.

Who can play?

Anyone aged 14+. Each team can have 10 registered players. This is a mixed tournament for all abilities. Please note the after party is only open to participants aged 18+ Sorry!

How do I get involved?

Enter as a team or an individual on our website (fucancer.co.uk/stick-it-to-cancer) by **Friday 23rd June**. The cost of entry is £200 per team and is paid at the time of entry on the website. If you cannot enter online, please contact heather@fucancer.co.uk.

How much does it cost?

The cost of entry is £200 per team of up to 10 players.

I don't have a team – can I still take part?

YES! If you haven't got a team but are keen to get involved please let us know and we will do our best to add you to one. The cost of entry as a single player is £20 per person and you can enter on the website (fucancer.co.uk/stick-it-to-cancer). If you cannot enter online, or you don't have a team yet, please contact heather@fucancer.co.uk.

What do I need to take part?

You are expected to provide your own equipment. We would advise to wear shin pads, gum shield and appropriate sports clothing. Please see the rules regarding goalkeeper requirements. Balls will be supplied. Don't forget your stick and remember fancy dress is encouraged!

WHY DO IT?

All the money raised through SITC will go to Maggie's Cancer Centre in Edinburgh. Maggie's provides free practical, emotional and social support to people with cancer and their family and friends.

**If you have more questions please contact Heather
heather@fucancer.co.uk
07762 777 439**

STICK IT TO CANCER – HOCKEY FESTIVAL RULES

1. 7 a side teams with a maximum of 10 players per squad. **Games will be 20 minutes one way.**
- 2A. NO CORNERS. A free hit will be taken from 5 metres outside the edge of the circle. Team on offense: The ball must go 5 metres before taking a shot on goal. Player can go 5 meters by either dribbling or passing to teammate.
- 2B. Long corners will be taken from the side line.
3. Goalkeepers - If a team does not have a goalkeeper, they have 2 options
 - A. They can play with a kicking back. The kicking back must wear a shirt of a colour different from either team.
 - B. If the team you are playing against agrees prior to the start of the game, you may pick-up a goalkeeper from another team.
4. Each team must have a minimum of 2 female players on the pitch at any time.
5. Umpires are responsible for providing scores to the pitch manager. The score sheets must be verified by both teams and returned to Top Desk.
6. Standings will be determined using the following point system:
 - ✓ 3 points for a win
 - ✓ 1 point for a tie
 - ✓ 0 points for a loss
7. Protests regarding umpire decisions are not allowed. Questions or concerns about all other aspects of the tournament shall be brought to the Top Desk and will be addressed/resolved.
8. If two or more teams are tied for determining standings, the determining factors will be as follows:
 - A. The result of the match between the tied teams (Head to Head)
 - B. Fewest goals conceded
 - C. Most goals scored.If teams remain tied, seeding will be determined by penalty strokes. Each team will be allowed 3 players for strokes.
9. Each team is responsible for nominating an umpire to officiate a number of games on the day
10. The ball must be played below waist height. Only when 1 on 1 with a keeper can the ball be raised at goal.
11. This is a fun tournament! We encourage all players and spectators to participate fully and be respectful towards umpires and event staff.



By entering the tournament, you are entering into the following agreement:

I hereby waive any and all claims that I or my team may have against the event organisers and release the event organisers from any claims that I or my team may have for personal injuries sustained as a result of participating in the Stick it to Cancer Hockey Festival, whether accidental or intentional. My team and I recognise that hockey is a contact sport and that, by participating in the sport, we may be injured by another player. Furthermore, my team and I understand, appreciate and assume the risk of injury while participating in the Stick it to Cancer Hockey Festival and that we are voluntarily and deliberately exposing ourselves to the danger of injury while participating in the Stick it to Cancer Hockey Festival, and that we are barred from recovery against the event organisers. My team and I further indemnify the event organisers for any of my actions, whether accidental or intentional, that occur during our participation in the Stick it to Cancer Hockey Festival. BY MY SIGNATURE BELOW, I AFFIRM THAT THE NAMED PERSONS BELOW AND I HAVE READ THE FOREGOING AND THE COMPETITION RULES, AND THAT WE AGREE TO THE CONTENTS THEREIN.

In order to register your team for the Stick it to Cancer Hockey Festival please enter team details and payment online via our website (fucancer.co.uk/stick-it-to-cancer). **All entries must be returned by Friday 23rd June 2023.** Email heather@fucancer.co.uk if you cannot enter online. Please note there will be photographers at the event. We operate an 'Opt out' system for photography. If you or your team mates do not wish for your photo to be taken please let us know.



Letter of Authority

4th May 2022

Dear Sir/Madam

This is to confirm that Heather Duff is organising Stick it to Cancer Hockey Festival to raise funds and awareness for Maggie's and to support people with cancer and their friends and family.

The event is happening on Saturday 2nd July 2022, Heather and her friends will be sourcing prizes to help raise as much as possible.

Maggie's centres are very special places where people with cancer, their family and friends receive free emotional and psychological support. The centres are homely, welcoming places where people affected by cancer can talk to our specialists and use a wide variety of support services designed to empower people to live positively with cancer.

Maggie's rely totally on voluntary donations to run our vital service which in 2021 helped 20,525 people living across Edinburgh and the Lothians to face the realities of living with cancer, we'd value your support greatly.

If you have any queries, or would like further information on Maggie's please do not hesitate to contact me.

Yours sincerely

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